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ABOUT THE LEAD AUTHOR
Peter Gilbert is Professor of Social Work and Spirituality at Staffordshire University, and Visiting Professor with both Birmingham and Solihull NHS Foundation Trust and the University of Worcester. Peter was the NIMHE Project Lead on Spirituality from its inception to 31st March 2009, and now works for the National Spirituality and Mental Health Forum. He has recently been appointed Chair of the National Development Team for Inclusion. Peter is a member of the National Mental Health Development Unit’s Equalities Programme Board. A former Director of Social Services for Worcestershire, Peter is a registered Social Worker with 13 years of direct practice. Between 2003 and 2006 he was NIMHE/SCIE Fellow in Social Care with Professor Nick Gould, and has also been Social Care Advisor to the Sainsbury Centre for Mental Health. Having experienced an episode of depression in 2000/1 Peter is very committed to a holistic and person-centred approach. He is author of Leadership: Being Effective and Remaining Human (RHP, 2005), and co-edited: Spirituality, Values and Mental Health: Jewels for the Journey, (JKP, 2007).

READERSHIP
• Practitioners, managers, lecturers, students and their libraries in social work.
• Anyone who is interested or involved in mental health policy.
• Anyone else who works in or manages mental health, including nurses, psychiatrists, psychologists and counsellors.

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