



The need for a Bespoke Solution

Thursday 7th March 2024

Partners:



Agenda

12-1.30pm

- Brief Introduction – Nic Crosby, NDTi
- Small supports – in action, with Doreen Kelly ([Beyond Limits](#)), Dave Barras ([Positive Support for You](#)) and Helen Toker-Lester (NDTi)
- Film
- Questions and Discussion
- The Small Supports programme
- More info....?



What is a Small Support Organisation?

Supporting people with complicated lives, traumatic life histories, experiences of institutionalisation and complicated support needs

Supporting people 'to move out of / or at risk of being placed in', a secure/forensic long-stay institution

[LINK to info](#)

- The person and their loved ones are at the centre
- A team of people recruited to support the person
- A home of their own
- Investment in positive and supportive relationships
- A person centred approach to safeguarding and risk
- Great outcomes for people and families
- Investing local area



What it
means to
get support
that truly
works....

Transforming Care: Louise's Story

Louise's Story is a video produced by NHS England as part of their Transforming Care series.



[Louise's Story – Beyond Limits](#)



'Quotes' from a recent interim evaluation of Small Supports work in Leeds

"...nothing is locked, just the front door and I have the key!....no one saying 'no'...it's my space, more independent." (Individual).

"I wanted it all to tie in...the carpets to go with the paint and the curtains to match it all....and my pictures, it all had to go together." (Individual).

It used to make me really anxious...I'd fall out with people having to share the space, especially the kitchen. It's so much better...I am calmer here." (Individual).

"My neighbours are nice...introduced myself. People keep themselves to themselves...just how I like it. Quiet." (Individual).

"I didn't want to tell her on the phone, so I surprised her [step-mum]....I am on the bus route, so it was easy enough to get there..." (Individual).

"I have so many plans, I am always thinking about the future...I want to use the money I make from making things for driving lessons and then, eventually, to buy a car....I know I can do that here...." (Individual).

"Having my own kitchen has been good...I can go in and cook when I want. No one interrupts...I love to bake; it helps me distress....I like to cook as well, but I need to learn to cook more than pasta though...my staff are helping me with that." (Individual).



Bespoke, Local and Person Centred

A programme of lunchtime sessions exploring the work of the Small Supports Programme, including input from some of our sites and new support providers:

- Why Small, Bespoke and Person-centred and local? (February)
- Lessons Learnt and Outcomes Shared (March)
- Launching our Living Library of Stories (April)
- What does Good Look Like? (May)
- Our Journey – hearing from new small support organisations (June)

[Link to information and registration](#)

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If you are interested.....

- In a discussion about Small Supports for under 18's?
- In setting up a small supports provider?
- In talking about your local authority or ICB joining the programme?

