

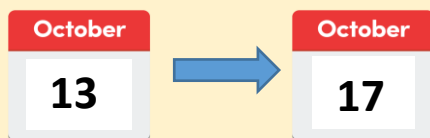
## Advocacy Awareness Week 2025



Advocacy helps you to have your say in what happens in your life.



An Advocate can support you to speak out about your rights, what you need and what is important to you.



Advocacy Awareness Week takes place from 13 – 17 October 2025.



People will be sharing things like blog posts and videos online to celebrate advocacy and how advocacy can help people.



Each day we will talk about how advocacy has helped people and why advocacy is important.