

Some important messages about making sure social prescribing works for people with learning disabilities and autistic people

What link workers and social prescribing services can do



Work flexibly within their boundaries e.g., on the time spent and ways of connecting with people



Person centered approaches to wellbeing they are already using is key to getting to know and supporting people well



Engage with people's families or other supporters



Find training or support if link workers want to learn more about learning disabilities or autism



Strengths-based approaches and **understanding what matters** works brilliantly for people with learning disabilities and autistic people



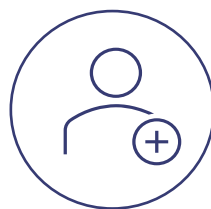
Ask for specialist input if you need to know more

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What Link workers and social prescribing services can do



Spend time with community groups to check they can make the adaptations needed



Draw in support from volunteers or paid support to help the person sustain their involvement if they need that



Explore mainstream as well as specialist groups and activities or services for people



Consider peer support- link up 2 people interested in the same kind of thing, so they have someone to go with



Buddy people up with someone else already in that service or group