

## Some important messages about making sure social prescribing works for people with learning disabilities and autistic people

### What community groups can do



**Be curious and ask as much as you can** about the person, what they love and what they need support with



**Get a buddy in place** to help them be welcome in the group



**Let the person visit first** when the group isn't there so they can get a feel for the place and space



**Apply for local grants** if you need to make **reasonable adjustments** or adaptations to the environment or equipment



**Link people up** with someone else in the group if it's possible for them **to travel together**



**Be brave and welcoming** and people will become as much part of the group or activities as anyone else