

Building Bridges



August 2023

Some important messages about making sure social prescribing works for people with learning disabilities and autistic people

What community groups can do



Be curious and ask as much as you can about the person, what they love and what they need support with



Get a buddy in place to help them be welcome in the group



Let the person visit first when the group isn't there so they can get a feel for the place and space



Apply for local grants if you need to make reasonable adjustments or adaptations to the environment or equipment



Link people up with someone else in the group if it's possible for them to travel together



Be brave and welcoming and people will become as much part of the group or activities as anyone else

This work has been funded through the VCSE Health and Wellbeing Alliance, jointly managed and funded by Department of Health and Social Care, NHS England and UK Health Security Agency.

For more information, please visit: https://www.england.nhs.uk/hwalliance

page.1