

Building Bridges



August 2023

Some important messages about making sure social prescribing works for people with learning disabilities and autistic people

What GPs can do



Use Annual Health Checks as an opportunity to tell people with learning disabilities about social prescribing and connect them to a link worker



Make social prescribing available to people awaiting an autism assessment or other diagnosis



Tell families and carers about social prescribing. A link worker may be able to connect them up with peer support or other support, whatever age their child is who has a learning disability or is autistic

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