

Strengths Based Conversations Workshop


The National Development Team for Inclusion (NDTi) is a social change organisation that has been working for over 25 years with communities, governments and public services to enable people at risk of exclusion, due to age or disability, to live the life they choose.

What will the strengths based conversations workshop cover?

This is an interactive foundation workshop that explores the value of good conversations and considers the conditions that are essential to get the most out of that interaction. This workshop can be generic, or it can be tailored to particular situations such as 'first contact' or supporting people leaving hospital.

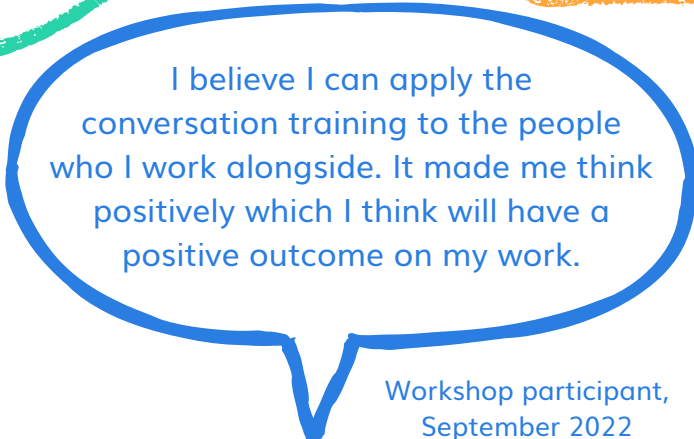
In this workshop, participants will:

- Consider the essential components for good conversations;
- Reflect on traditional approaches in health and social care and how a strengths based approach aligns with statutory duties and best practice;
- Explore personal skills and other factors which can improve the person's experience;
- Consider the power of language;
- Review tools that can support a good conversation to take place.



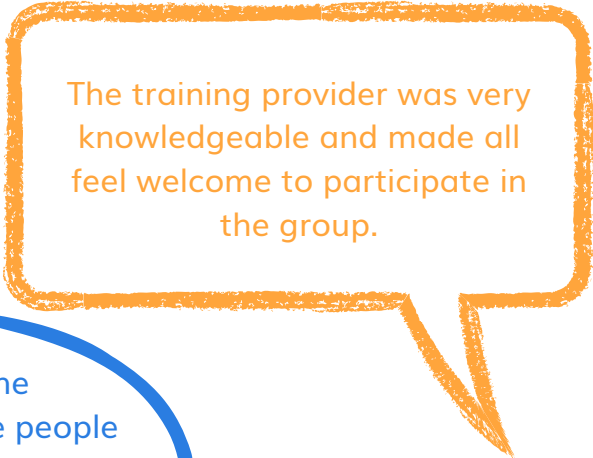
I enjoyed the entire session, very thought provoking. Glad to hopefully see a move away from the strictures of officialdom.

Workshop participant,
June 2022



I believe I can apply the conversation training to the people who I work alongside. It made me think positively which I think will have a positive outcome on my work.

Workshop participant,
September 2022



The training provider was very knowledgeable and made all feel welcome to participate in the group.

Workshop participant,
December 2022

Who is the workshop aimed at?

- Local authorities
- NHS trusts
- Health and social care providers
- Community and voluntary organisations working alongside health and social care services



When and where will it take place?

The workshop lasts two hours and dates can be arranged to suit your organisation's needs. We require a four-week lead in time. The workshop will take place virtually, on either Zoom or Microsoft Teams depending on which is most suitable for your organisation.

Who will be delivering the workshop?

The team working on the Community Led Support programme at NDTi will be delivering the workshop. We have collective expertise in adult social care, human rights, commissioning, leadership, social work, and evaluation & learning. Our team is experienced in online and face-to-face workshop facilitation with a variety of audiences, including health and social care services, housing, community, providers, etc.

For more information or to book a conversation to discuss your requirements, please email Karen Dawkins on karen.dawkins@ndti.org.uk.

What if I want more?

We also offer a suite of three workshops including this foundation workshop, plus two more workshops on outcomes and support planning and strengths based reviews. [Read more about our suite of three workshops.](#)

The Community Led Support programme involves a network of over 30 organisations with responsibility for adult social care working with their partners and communities to design and deliver different ways of working which maximise the strengths and community connections of people locally.

If your organisation is interested in finding out more about the CLS programme and becoming part of this vibrant network, please contact Programme Lead, Jenny Pitts on jenny.pitts@ndti.org.uk.