

“STRENGTHENING THE CIRCLE”

Information Sheet for Young People

What's it all about?



The National Development Team for Inclusion (NDTi) are being funded by Health Education England (HEE) to deliver a training programme across 6 areas in the South West of England called “Strengthening the Circle”. Three days of training will be given a month apart to a total of 12 non-specialist staff in each area who provide support to children and young people with mental health issues.

Aims of the Programme

The programme aims to strengthen the skills, confidence and competence of the non-specialist workforce – those who provide the circle of support around individual vulnerable children and young people. It aims to provide learners with the tools and approaches that enable strengthened person-centred practice based on communication, listening, reciprocity and respect.



How will it affect me?



At the heart of this piece of work is young people like you. We want your voice, views and opinions to be heard. Therefore, the content of the training for staff teams will be shaped by what you think is important. Ultimately, we want to make a difference to your life by training the people who support you or who come in to contact with you to have better skills to be able to help you. In turn, we hope that this will enable you to self-manage your own wellbeing.

The Coproduction Workshop

We want to know what you think is important not only for you but for your local area. We will do this by holding a short workshop of up to 2 ½ hours. We will be looking to ask you questions about your experiences of staff you encounter in various aspects of your life, as well as asking what you hope will be achieved from the training.



We will be giving every person who comes along to these sessions a £30.00 One4All Shopping voucher as a thank you from us for attending.

After the training for staff has been completed, there will be the opportunity for staff and those who attended the coproduction workshop to feedback about the impact they think the training has had. This session is likely to take place in the New Year and further details will follow nearer the time.

CMO Maps



This is a simple tool that we will be using at the workshop to help shape our discussions. It will be a way for us to evaluate the training, to see if we have done what we hoped to achieve from the programme. We will have a draft with us as a starting point, but as part of the workshop we would like you to help design this to show what impact you hope the training will have.

If you have any questions or would like to know more about “Strengthening the Circle”, please contact Becky Strike, the Project Administrator on 01225 789135 or email becky.strike@ndti.org.uk