



**Small Supports**  
An **NDTi** programme

# *The NDTi Small Supports programme 2022-2025*

Developing new local, bespoke, small support organisations

Partners:



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- Built on four years of development work with small scale funding support from NHS England.
- A three-year funding agreement from NHS England who would provide 50% of the funding needed to run the programme.
- A partnership led by NDTi with three small supports organisations: beyond Limits, C-Change and Positive Support for You
- A full-time Programme Lead with a Programme Co-ordinator
- To work with up to 20 local authorities over the three years, setting out to support the development of local small support organisations across England as part of the ongoing work to move people with learning disabilities and autistic people out of mental health in-patient services including secure and forensic settings.

# **The NDTi Small Supports programme 2022-2025**

# What is a Small Support Organisation?

*Supporting people with complicated lives, traumatic life histories, experiences of institutionalisation and complicated support needs*

*Supporting people 'to move out of / or at risk of being placed in', a secure/forensic long-stay institution*

[LINK to info](#)

- Voice: The person and their loved ones are at the centre
- Connection: A team of people recruited to support the person
- Relationships: Investment in positive and supportive relationships
- Home: 'A home of my own'

***A relentless focus on the person***  
***No compromise***

A commitment to stay small and stay local  
A flat management structure – everyone knows everyone



# People's voices...



Hughie moved out of Lennox Castle in the 1990's ....he was supported by Inclusion Glasgow



Mark talks about the support he receives and what it means to him - [HERE](#)



## The Small Supports Living Library

A growing collection of people's own stories and the voices of those who love them about their lives and the support they get from a Small Supports organisation – [LINK HERE](#)





## Small Supports

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Leeds City Council and their ICB partners have been participating in the Small Supports programme. This report documents the outcomes and impacts of their work to develop new small support organisations in the City of Leeds

For further information about the Small Supports Programme please visit our webpages [HERE](#) on the NDTI website

# Small Supports – Leeds 2022-2024

## Objectives

1. Foster an environment where Small Support providers can flourish.
2. Establish high-quality, localised Small Support services in Leeds.
3. Provide up to 10 individuals with personalised support.
4. Demonstrate cost-efficiency compared to traditional care models.

## Outcomes

**Two new small support organisations:** Unique Support Solutions (USS Ltd) and Mae & Mitchell (M&M)

**Nine people supported;** cost reduction across nine people of £209,000

## Transformative impact on individuals:

- Independence and control
- Confidence and emotional growth
- Stable living conditions
- Community Integration

Source: Evaluation of the Small Supports Pilot in Leeds 2022-2024

This report documents in detail the impact across the system, for the lead commissioners, for people and for the City of Leeds with plans for extending small supports.



## Small Supports

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Developing new small support organisations offering support to people with learning disabilities, autistic people all with mental health support needs to live independently in the community.

A three-year project part funded by NHS England, led by NDTi with three small support organisations: Beyond Limits, C-Change and Positive Support for You.

For further information please contact Nic Crosby, Programme Lead, Small Supports, NDTi

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## A Deep Dive into the Plymouth Small Supports Experience – September 2024

**Better lives, brighter futures:** People explain the difference the support has made to their lives and how much more settled, and happy they are...consistently.

**Improved Well-being:** Across a group of 9 people their well-being scores rose from an average 2.6 to 8.3 out of 10. The economic value this improvement generated equated to £768,612.00 per year saving to the local system of services.

**Reduced Public Service Usage:** For six people where past history evidences need for multi-agency (including police and ambulance) response the small supports approach led to a dramatic reduction in the need for such response. The economic value of this equates to an annual saving of £950,159.00 to local services.

**Reduction in care costs:** Across 8 people the average saving in direct support costs was £28,000.

Source: [A Deep Dive into the Plymouth Small Supports Story, NDTi 2024](#)

This report includes 10 people's stories and detail around individual improvements in well-being, reduction in incidents and explains the economic/financial calculations.

# 2022-2025 Outcomes

- Over the past here years NDTi have supported Norfolk, Doncaster, Wiltshire, Leeds, Cornwall, Lancashire, Bradford, NE & North Cumbria ICB (North Cumbria, Newcastle, North Tyneside, Gateshead, Stockton, Hartlepool), Birmingham and Solihull ICB, Devon, Plymouth and Torbay ICB, Bath Swindon and Wiltshire ICB
- There are currently 12 new small support organisations, within 12 months it is expected that there will be at least 10 more.
- There are five active organisations supporting 20+ people and growing each year.
- There is a national network of existing and new small support organisations providing peer-to-peer support. Currently there are 23 members.
- NDTi have published two key reports covering the evaluation of the Leeds programme and the longer-term impact of Beyond Limits in Plymouth.
- NDTi have developed an interactive guide to developing small supports currently only available to sites taking part in the programme.





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For further information contact...

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Partners:

