Job Description: Registered Learning Disability Nurse

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Location: Specialist Learning Disability In-Patient Setting

About the role



As a key member of the in-patient team, the post holder will play a pivotal role in the care and treatment of individuals with a learning disability in our care. The post holder's work will involve a range of activities including providing day-to-day holistic support, being the main point of contact for family members, and working alongside internal and community-based teams to aid recovery and support discharge.

Key activities

The key activities undertaken in the role are:

- Support and occasionally lead the admittance of individuals for treatment.
- Undertake mental and physical health assessments of individuals at admittance and on a regular and ongoing basis
- Be the named 'Key Worker' for a number of individuals receiving treatment. This will include being the main point of contact for their family/relatives.
- Be responsible for the writing, reviewing and implementation of Multi-Disciplinary Team care plans and risk assessments for individuals receiving treatment.
- Work holistically and in a person-centred way with all individuals receiving treatment.
- Liaise with and support internal teams to ensure holistic person-centred care is delivered at all times.
- Administer medication as required.
- Lead and co-ordinate shifts as required.
- Oversee and support the discharge of individuals, including liaising with community-based teams to find appropriate placements and providing transition training to staff at discharge destinations.

Success in the role

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The person appointed to this role will:



be a skilled communicator:

Communication is key to this role with the post holder able to use alternative communication formats such as Makaton and be a skilled observer of non-verbal communication. In addition, the post holder will be able to design, and create resources for individual's receiving treatment and colleagues to use during their time with the service and in their onward care.

be person-centred: The post holder will be responsible for ensuring the mental health needs of individuals are supported and treated, whilst also maintaining their wider physical, social, economic, and spiritual needs during treatment.





be organised yet adaptable: This role is based in an often fast paced and dynamic environment. The post holder must be highly organised to ensure the needs of individuals and the wider service are met, whilst being adaptable to the responsive nature of the support individuals often require.

be a creative problem solver: The post holder will need to be a skilled problem solver who is able to think creatively to ensure the best outcomes for individuals are achieved and discharge supported. Their person-centred approach to supporting people means they will be able to adapt what they do based on the needs of the individual.





be calm and compassionate: The post holder will be working with individuals and families/relatives at what can be an emotionally distressing time. They will also be working with individuals whose mental health and the associated complexities will fluctuate throughout their treatment. The post holder will need to be able to react calmly and with compassion to ensure the best outcomes for individuals are achieved and discharge supported.

be able to build relationships: The post holder will be confident and comfortable at building relationships with a variety of individuals quickly and professionally. Relationships will need to be built with the individuals receiving treatment, their family/relatives, AHPs within the service, and health and social care colleagues within community-based teams. These relationships will often need to be formed in difficult circumstances, so the post holder will need to approach each with sensitivity and compassion.





be resilient: The post holder will need to have the capacity to thrive in a demanding environment. The people they will be supporting will be experiencing an emotionally distressing time, which has the potential to impact on the post holder. Their ability to work well in a team will mean they can support themselves and their colleagues.

be a teacher: The post holder will work with both internal and external multidisciplinary teams to ensure the support individuals receive is holistic and person centred. This will often involve providing both formal and informal training to ensure the rights of individuals are upheld, and discharge placements are ready and equipped to meet the oftencomplex needs of individuals. This may involve pioneering new approaches to ensure their onward care helps and supports them to thrive in the community.





work well in a team: The post holder will need to be able to work well within a multidisciplinary team to facilitate the treatment and support the discharge of individuals. Their communication skills, organised nature, ability to build relationships and person-centred approach will support this.