Rewriting the narrative

Top tips about inclusion from autistic girls who stop attending mainstream secondary schools

See accompanying booklet and presentation for further information and guidance





"Just listen." (Daisy)

Ask, don't assume. Build trust. Understand individual requirements.

Language matters

Choose terms that are non-judgemental, respectful and useful in understanding the individual.

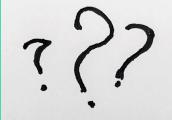


"Prioritise wellbeing." (Erin)

Ensure safety first. Adjust the environment. Nurture. Give time. Model acceptance.

Pupil voice

Strong relationships
are crucial for open
communication,
genuine understanding
and a belief that help
will be provided.



"Be curious." (Robyn)

Query why they're absent. Find patterns. Be alert to masking. Identify strengths.

Share perspectives

Invite parents and carers to collaborate as partners in the education of their child, or their care away from home.



"Be more informed." (Alex)

Ensure autistic trainers.

Learn from autistic staff and pupils. Model good practice.

Accept difference

Enabling individuals
to thrive requires
flexibility and
strength, not power
and conformity.



"Take action." (Jane)

Remove barriers. Resolve bullying. Facilitate support. Lead change.

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Moyse, R. (2021) Missing: the autistic girls absent from mainstream secondary schools. PhD thesis, University of Reading.