



## Understanding Preparing for Adulthood for young people with SEND and additional needs across Education, Health and Care

We understand the theory of what good looks like to support young people with SEND and additional needs into a meaningful adult life. In this workshop we will explore how to do this well through the lens of young people by listening to their stories and hearing what worked well for them and what didn't work so well.

Looking at the four pathways, employment, friends, and relationships, independence and independent living, we will share best practice with you and challenge you to consider what this might mean for your own practice in your local area, and how you work more effectively across education health and care to support and enable young people's aspirations for their futures.

Sessions are delivered by NDTi and have been co-designed and will be co-delivered with a young person.

### Dates and registration details:

There are sessions to choose from across the 9 regions. We suggest you book onto the date of **your region if you can**. If your role is a national one, please choose which session you would like to join.

- **East Midlands:** 5 Nov 24, 10-12:30
- **London:** 21 Nov 24, 10-12:30
- **West Midlands:** 27 Nov 24, 10-12:30
- **North West:** 3 Dec 24, 10-12:30
- **North East:** 10 Dec 24, 1:30-4
- **South West:** 11 Dec 24, 10-12:30
- **Yorkshire and Humber:** 15 Jan 25, 10-12:30
- **East of England:** 16 Jan 25, 10-12:30
- **South East:** 21 Jan 25, 10-12:30

For bookings, please use this [link](#) and specify which date and time you wish to book. Please only book one event as these are all the same event.

### Objectives

- Increase understanding of Preparing for Adulthood pathways for young people Post 16
- Understand the evidence base for positive outcomes around; Employment, Friends and Relationships and Community, Independent Living and Good Health including how to support stronger health transitions between children and adults
- Increase understanding of tools and resources available to support best practice
- Reflect on and share local strengths, challenges, and opportunities through the eyes of young people with colleagues from other local areas.

