

Embedding Strengths Based Approaches

A suite of online, interactive workshops that support the application of strengths based, community led approaches.

The National Development Team for Inclusion (NDTi) is a social change organisation that has been working for over 25 years with communities, governments and public services to enable people at risk of exclusion, due to age or disability, to live the life they choose.

Who are the workshops aimed at?

- Local authorities
- NHS trusts
- Health and social care providers
- Community and voluntary organisations working alongside health and social care services

To find out what will be covered in this suite of workshops, skip to the next page.

When and where will they take place?

Each of the workshops lasts two hours. These will take place virtually via either Zoom or Microsoft Teams. Workshop dates can be arranged to suit your organisation's needs. We require a four-week lead in time, and we recommend that there is a space of at least one week in between each of the three workshops on offer.

Who will be delivering the workshops?

The team working on the Community Led Support programme at NDTi will be delivering these workshops. We have collective expertise in adult social care, human rights, commissioning, leadership, social work, and evaluation & learning. Our team is experienced in online and face-to-face workshop facilitation with a variety of audiences, including health and social care services, housing, community, providers, etc.

For more information or to book a conversation to discuss your requirements, please email Karen Dawkins on karen.dawkins@ndti.org.uk.

Strengths Based Conversations

This is an interactive foundation workshop that explores the value of good conversations and considers the conditions that are essential to get the most out of that interaction. This workshop can be generic, or it can be tailored to particular situations such as 'first contact' or supporting people leaving hospital.

In this workshop, participants will consider the essential components for good conversations; reflect on traditional approaches in health and social care and how a strengths based approach aligns with statutory duties and best practice; explore personal skills and other factors which can improve the person's experience; consider the power of language and review tools that can support a good conversation to take place.

The training provider was very knowledgeable and made all feel welcome to participate in the group.

Workshop participant,
December 2022

Outcomes and Planning Supports

This session goes into more depth in relation to developing plans, supporting the person to stay in control, to consider their personal and community resources, to build independence and focus on outcomes that matter.

In this workshop, participants will explore person-centred support planning tools; develop an understanding of outcomes-focused support planning; familiarise themselves with the Resource Wheel, a tool to guide strengths-based conversations and explore solutions and will complete scenario-based activities in small groups.

This session is very well thought out - presentation is clear and concise and really helpful tool to assess people with lived experiences.

Workshop participant,
February 2023

Strengths Based Reviews

This workshop is aimed at anyone involved in reviewing plans with people, formally or informally. It considers the purpose and the logistics of that process and the important considerations to do this well. This workshop builds on the preceding two workshops.

In this workshop, participants will reflect on people's lived experience of reviews; explore the essential skills for having difficult conversations; bring together their learning across this suite of workshops to explore a case scenario in small groups; reflect on the workshops and set actions for the future.

As a student social worker it has helped me give deeper thought to the language I use when talking about assessments and reviews and to be mindful of terminology.

Workshop participant,
January 2023

What if I want more?

The Community Led Support programme involves a network of over 30 organisations with responsibility for adult social care working with their partners and communities to design and deliver different ways of working which maximise the strengths and community connections of people locally. Embedding strengths based cultures requires systems and processes to be aligned with this culture, along with how those conversations can happen sooner and effectively in community spaces with the involvement of all partners working holistically together, reducing delays and bureaucracy.

If your organisation is interested in finding out more about the CLS programme and becoming part of this vibrant network, please contact Programme Lead, Jenny Pitts on jenny.pitts@ndti.org.uk.



Community Led Support

an  NDTi programme

www.ndti.org.uk