



What
dimensions are
doing to
improve the
uptake of
health checks!



Our Health and Wellbeing Strategy

A 3 year drive to tackle all aspects of health and wellbeing for people we support

- ✓ Promoting uptake of Annual health checks
- ✓ Equal access and reasonable adjustments!
- ✓ Promoting use of Summary Care Records
- ✓ Better Health Action Plans and Hospital Passports
- ✓ Reviewing and updating our services for people with Dementia
- ✓ STOMP
- ✓ Better support with food and nutrition
- ✓ Better support with active and healthy lifestyles
- ✓ More effective learning from the data we gather
- ✓ Promoting better mental health
- ✓ A dedicated H&WB Programme Manager
- ✓ More partnerships with others!

We are determined that the people we support will not be second class citizens when it comes to health!



We ran a survey over the Summer

	National – overall good	Dimensions survey – overall good
Rate your experience of visiting your G.P.	85%	54%

36% lower for people with Learning Disability and/or
Autism!



We think that reasonable adjustments are key – the adjustments (or lack of) underpin the quality of the experience!



better experiences = more
confidence = better uptake

Reasonable Adjustments – the role of the Support Provider!



..... we tend to know people very well!





dimensions

Safeguarding!

We are in it
together!

Involving other
people and
they loved it!

Mandy!

Mark and the
'Lab'!

Titanic!

Put your coats
on (and ride in
the car)!

Paul's Weekly
Cuppa!

Hannah and
the post!



Dimensions are launching a campaign, focussing on Reasonable Adjustments and calling for:

*All G.P. Students to receive at least
1 day of training – learning
directly from ‘**Experts by
Experience.**’*



BIG Health Days!