



Growing new Small bespoke Support Organisations

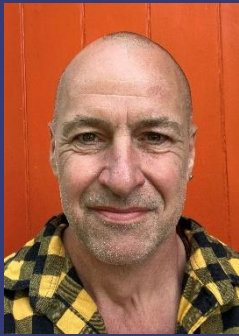
Thursday 29th June 2023

Partners:





Dave Barras, Chief Executive,
Positive Support for You



Nic Crosby, Delivery Lead
Small Supports programme

- The What, The Why, and The How?
- Information and Discussion
- Questions

- Getting Involved



What is a Small Support Organisation?

Supporting people with complicated lives, traumatic life histories, experiences of institutionalisation and complicated support needs

Supporting people 'to move out of / or at risk of being placed in', a secure/forensic long-stay institution

- The person and their loved ones are at the centre
- A team of people recruited to support the person
- A home of their own
- Investment in positive and supportive relationships
- A person centred approach to safeguarding and risk
- Great outcomes for people and families
- Investing local area



Why 'small'?

"Where, after all, do human rights begin? In small places, close to home – so close and small that they cannot be seen on any maps of the world. Yet they are the world."

Eleanor Roosevelt

- A common feature of successful support organisations working with this group of people (success = person centred, human rights at the core, sustaining long term support and relationships)
- Central effort on developing and sustaining positive and supportive relationships with the whole team and the person – everyone knows everyone
- Individual planning – Individual Funding – Individual support '*relentless*' and '*uncompromising*' person centred working



Case Study

Cost & Benefit Analysis

[Click Here](#)

Evaluation report 2022

[Click Here](#)

Georgina

Georgina has a learning disability, mental health condition and a history of offending, including behaviors which put her and others at risk. Before being supported by a *Small Supports* organisation, Georgina lived in an ATU away from the area she knew as home, for over 10 years. In the ATU Georgina received a lot of professional intervention due to her mental health deteriorating and her behaviour becoming increasingly challenging. In the ATU the actual fiscal cost to the NHS and LA of Georgina's support was **£319,450.56 per year**.

When Georgina left the ATU, she was able to move back to the area she knew as home. A *Small Support* organisation began working with Georgina to help match a support team to her and her needs. Georgina now lives in an area she knows, with family and friends nearby. She is involved in her local community and tells the *Small Support* organisations that she is happier. Georgina does still experience some challenges with her mental health (self-harming/suicidal behaviour, threatening others), but these are much reduced and well supported. In this set-up the estimated fiscal cost of Georgina's support is currently:

	Cost per year	To whom
Social Care	£145,600.00	Local Authority
Offending behaviour*	£2,072.00	Police
Self-harm/suicidal medical treatment*	£850.00	NHS
Mental Health Support*	£2303.00	NHS & Local Authority
TOTAL	£150,825.00	

This an estimated total saving to the public purse of **£ 150,505.55 per year**

Questions and Discussion

- What questions do you have...
 - Isn't recruiting support workers really difficult?
 - What about housing?
 - Small Support organisations for children and young people?
 - How long is the programme of work?
 - Who leads this work in a local area?
 - Will clinicians refer to new organisations with no track record?
 - Can we involve existing organisations?



More information about the programme of work:

Partners with their roots in the closure of Lennox Castle long stay Institution, Glasgow, 1990's

- Tackling confusions about personal budgets, individual service design, procurement and commissioning
- Supporting the use of person centred service design and personal planning
- Recruiting champions keen to establish a small support organisation
- Supporting new organisations from the start, through set up, registration and meeting a first person
- Planning action, problem solving, adding expertise, learning together, sharing through networks
- Evaluationplan, deliver, learn and repeat



We will be launching an offer to a small number of people from outside of the areas we are currently working who are interested to set up a small support organisation ...if you are please get in touch now!

If you would like to take forward a discussion with the team at NDTi, please email Nic Crosby – nic.crosby@ndti.org.uk or phone 07854 331 487

Our partners:

Beyond Limits [\(LINK\)](#)

Positive Support for You [\(LINK\)](#)

C-Change [\(LINK\)](#)

LGA [\(LINK\)](#)

Webpages:

Small Supports? [\(LINK\)](#)

