



Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



Grŵp
**Llandrillo
Menai**



Name - Sarah-Jayne Mawdsley

Sarah-Jayne Mawdsley is a pharmacy assistant apprentice at Betsi Cadwaladr University Health Board, Ysbyty Gwynedd Hospital in Bangor having successfully completed her Supported Internship at this hospital.

The 20-year-old has Mosaic Down Syndrome and was studying 'Skills for Life and Work' at Grŵp Llandrillo Coleg Menai in Llangefni before joining the Engage to Change DFN Project SEARCH programme in Bangor. The Supported Internship programme and securing a full-time job has been life-changing for Sarah-Jayne, allowing her to make new friends and reach her full potential.

She said: "My favourite part of my job is that everyone supports each other, and I like being a part of the team. I like that I have built a lot of confidence and can now do tasks that I didn't see myself doing before such as answering the phone and serving customers. This job has changed my life because I am getting out of the house, working full time and I am very proud of myself, "I am more confident speaking to people I don't know and have been practicing my welsh with customers."

As well as learning valuable communication and IT skills, Sarah-Jayne from Caernarfon is now better at managing her own money and is also taking driving lessons as she enjoys a more active social life She said: "I have made many new friends, sometimes I will meet up with my colleagues and we will go for food or go to the cinema on the weekend. My whole family are very proud of what I have achieved and have supported me throughout the whole process. They are really happy about how well I have fit in the team and how I have grown in confidence to be able to hang out with my friends in my spare time."

