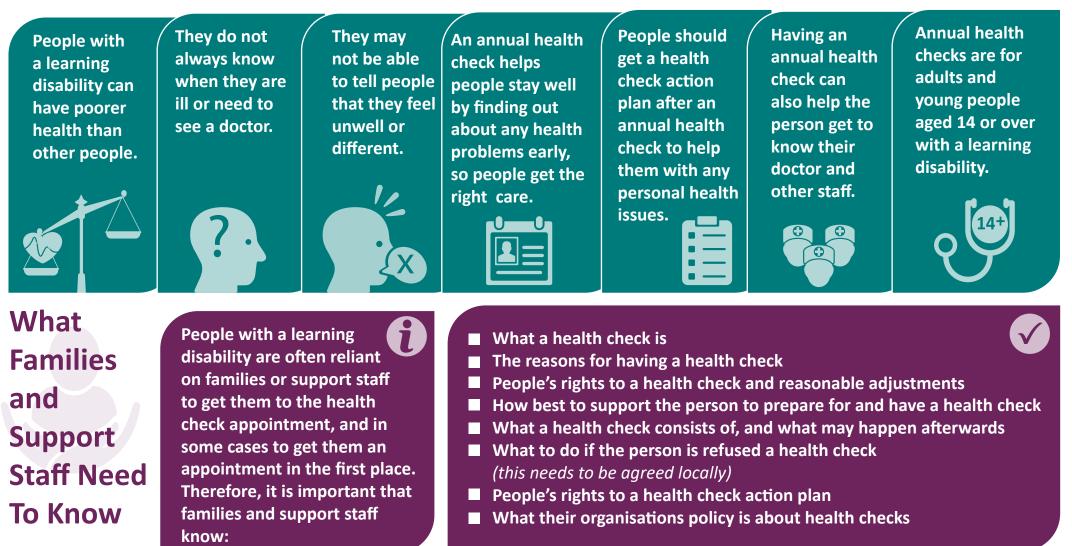
LEARNING DISABILITIES

A Guide to Health Checks

For Families, Supporters & Social Care Providers

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What We Know



These resources were developed in partnership with LDE, VODG and Skills for Care, funded by Health Education England.

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Some Questions for Families, Supporters & Social Care Providers

1

Has there been work to support families and supporters so that they know about the information overleaf?

Questions for supporters and providers

- 2
- Do family or support staff know where to get help (for example their local primary care liaison nurse/health facilitator) if they need it?
- 3
- Are health checks talked about at staff meetings or 1-1s?
- Is there a plan or strategy to help people with learning disabilities get health checks?
- 5
- Do you make sure that when one of the people you support goes for a health check, they have someone with them (if they want this) that they know and trust?
- 6
- Are social care providers involved in any work locally to make primary care and health checks more accessible?



There are a lot of resources that can be used to help people understand about health checks.

Many are made with and by people with learning disabilities. There are films and paper-based resources.

To help you choose which ones are best, there is a short description of each resource, where it is from and what it covers:

https://www.ndti.org.uk/resources/useful-tools/healthcheck-resources

