Having a Blood Test

Easy Read Version
Intensive Support Team
Learning Disability Services

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A doctor needs to check your blood to make sure it is OK.

2 nurses will be coming to take some blood from your arm to test.

The 2 nurses will do this at your home and will not be wearing a uniform.

You will need to sit down.

Something tight will go round your arm.
The nurse will hold your arm so it is still.

A needle will go in your arm. It might hurt a little bit.

The nurse will press something on your arm to stop it bleeding.

The Nurse will stick a plaster to your arm.
The blood from your arm goes into some tubes.

The tubes get sent to the hospital. Your blood will be checked to make sure it is ok.

Your doctor will talk to you if there are any problems.