

# The costs and benefits of Time to Talk Next Steps

February 2024

## Executive Summary

The purpose of *Time to Talk Next Steps (TtTNS)* is to help young people with additional needs to make plans for the future and to feel more socially connected and confident through bespoke rights-based support. This report shows that having increased confidence and independence can enable them to move forward, making their own contributions and relying less on statutory support and/or services. Whilst creating savings to the public purse is not the primary purpose of this programme, evidence in this report shows that positive and life changing outcomes for young people can also result in significant savings to the public purse. **The three case studies in this paper represent a saving of almost £60,000 to the public purse as a result of a £9,000 investment in support from TtTNS.**



## Introduction

This document explores the value for money and benefits of young people with additional needs being supported by the *Time to Talk Next Steps (TtTNS)* programme delivered by [NDTi](#) and [Contact](#).




*TtTNS* is a three-year (2021 – 2024) rights-based support programme for young people aged 16 – 25 in England. The young people do not require a diagnosis or ‘label’ to receive support but rather have additional needs and feel anxious or unsure and have limited or no plans for the future. Support is free and offered online, over the phone on a 1:1 and peer basis. There is also the opportunity for young people to become part of a Training Squad delivering training to practitioners in the Children and Young People’s arena. For more information about the programme, please visit the programmes [website](#).

This document illustrates, via three costed case studies, the value for money and benefits *TtTNS* offers through an exploration of the potential costs to the public purse it helps avoid (fiscal value). Where possible, the social value (the wider gains to society such as improvements to health; educational attainment; access to transport or public services; safety; or reduced crime) and economic value of the support provided has also been calculated.

Whilst these case studies do not present a full cost benefit analysis of the programme, due to the challenges faced in undertaking such an analysis within programmes of this nature, they provide important evidence which is to be celebrated and shared. It shows that *TtTNS* non-specialist personalised provision for young people provides significant value for money.

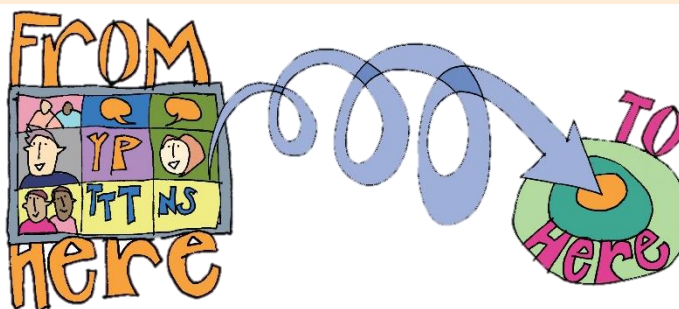
The main body of the report provides the headline case studies and associated costs for each of the three young people supported by *TtTNS*. The case studies and breakdown of costs can be found in the Appendix.

## Objectives

-  to calculate the fiscal value of support provided to young people before, during, and post *TtTNS* support.
-  to calculate the social value created as a result of the support offered by *TtTNS*.
-  to capture the impact of *TtTNS* on young people's lives in their own words.

## What we did

To achieve these objectives, we:



spoke to *TtTNS* delivery staff.



had guided conversations with 3 young people and/or their family member.

## A note on data

The individuals and scenarios described in this document are based on real young people who are or have recently been supported by *TtTNS*. These individuals were put forward to take part in this piece of work by those delivering *TtTNS*. Whilst not representative of the population of young people supported by the programme, they are illustrative of the breadth of support and outcomes achieved. The unit costs used to calculate the costs and benefits of the services these young people receive, have been provided by the young people themselves, the programme budget; trusted published sources and, where appropriate, have been adjusted for inflation for comparison. Actual costs have been used where available, with estimated costs highlighted with an \* within each case study. Please refer to the 'Reference' list on page 15 for a list of published sources used.

As the information on previous costs were provided by young people themselves with support from their families and/or *TtTNS* delivery staff, they are offered here to present an indication of the cost. In addition, these costs do not include many of the hidden costs to individuals and families.



Ryan was 24 when a neighbour requested support for him from *TtTNS*. Prior to receiving this support, Ryan had very little going on in his life. Apart from a short period of unpaid work experience with the neighbour who requested his support, Ryan had been out of education, employment, and training (NEET) for the last 3 years, since the COVID-19 pandemic. He wasn't going out at all unless he was with his parents. Ryan wanted a different future for himself but was anxious about making changes.

Ryan received weekly 30 minute 1:1 online support from *TtTNS* over a period of 12 weeks in 2022. Each 30-minute session focused on supporting Ryan to develop his confidence in particular areas of his life, such as telling his parents what his needs/wants were, to go out of the house on his own and to find paid employment. Ryan's supporter worked with him to take steps towards each of these goals including, supporting Ryan to visit his grandma on his own, to create a CV and Personal Profile, to contact the Job Centre, to join the *TtTNS* Peer Support Group, and to become a member of the *TtTNS* Training Squad.

The support provided by *TtTNS* had a profound impact on Ryan's life. He is now employed part time in a local shop, is paid for his time delivering training as a member of the *TtTNS* Training Squad and is an active member of the Peer Support Group. He is also going out on his own and has travelled to a number of *TtTNS* in person events in different parts of England without his parents:

*“It made such a difference. Without them the way my life would be a whole lot more boring, and I would just be at home most of the time. I could not see what I could do. I did not believe I could get a job. Without them I would never have known how to get the help I needed to get into a job.”* (Ryan)

The estimated fiscal cost of Ryan's support per year, before, during and after support from *TtTNS*, is:

	Cost (pa)	To whom
Before <i>TtTNS</i> Support	£7,559.70	NHS/HMRC
During <i>TtTNS</i> Support	£11,037.09*	DWP
After <i>TtTNS</i> Support/Now	£3,180.00	DWP

These figures illustrate that the support Ryan now requires is estimated to cost the public purse **£4,379.70 less than before** he engaged in *TtTNS* and **£7,857.09 less than during the support received**. These are significant savings; however, it is important to bear in mind that these were achieved as a result of the investment of *TtTNS* which was not funded by the public purse. To date the support provided to Ryan by *TtTNS* has cost £3,850.00.

In addition to the savings made, Ryan is now earning an income as a result of the support received. This income is estimated to be £3600\* per year. Whilst this amount falls below the thresholds for paying Income Tax and National Insurance, thus not providing any direct flowback to the public purse, it is estimated that **Ryan is now contributing to the public purse via the indirect tax he pays at a rate of £1,114.87 per year**. Furthermore, the social value of Ryan's employment has the potential to reduce future costs to the public purse that could be incurred if he were out of work.



Rea was 20 when they began receiving support from TtTNS. Prior to receiving this support, Rea was out of school for the second time due to the inaccessible nature of teaching and the curriculum and bullying. Rea received 1:1 support online from TtTNS over a period of several weeks. Initially receiving this support was difficult for Rea, but with a lot of patience and reassurance, the TtTNS supporter managed to connect with Rea, and they began to talk about the future.

This support led to Rea getting a paid part-time job and opening a bank account. Having this job helped reduce Rea's loneliness, but they still felt isolated, so they worked with their TtTNS supporter to set up the TtTNS Peer Support Group. Rea also became a founding member of the TtTNS Training Squad and become a young evaluator for the whole programme.

Outside of TtTNS and as a result of its support, Rea also completed a two-year college course in Animal Management and Science Level 3 Diploma and received The Young Change Makers with Virgin Money grant, with which they have set up their own charity supporting children with additional needs. Rea is also working on a grant to help extend the work of TtTNS in the future.

The estimated fiscal cost of Rea's support per year, before, during and after support from TtTNS, is:

	Cost (PA)	To whom
Before TtTNS Support	£67,651.22	HMRC, LEA, LA, DWP and NHS
During TtTNS Support	£10,949.28	DWP, NHS, LEA
After TtTNS Support/Now	£9,718.48	

These figures illustrate that the support Rea now requires is estimated to cost the public purse **£57,932.74 less than before** they engaged in TtTNS and **£1,230.80 less than during the support received**. As with Ryan's support, it is important to bear in mind that these savings were achieved as a result of the investment of TtTNS, and the money Rea spends privately on a psychotherapist. These figures have not been included in the calculations as they do not come from the public purse, but to date have totalled - £3850.00 from TtTNS and £4,800 from Rea's private expenditure.

In addition to the savings made, Rea began earning as a result of the support received from TtTNS. Whilst the amount earned falls below the threshold for paying Income Tax and National Insurance (estimated £5,000\* per year), it is estimated that **Rea is now contributing to the public purse via the indirect tax they pay at a rate of £1,486.67 per year**. Furthermore, Rea's completion of a level 3 diploma is **estimated to have increased their earning potential by £105,148.36 over their lifetime**. An amount that will provide both direct and indirect flow back to the public purse and will likely avoid further costs to the public purse in the future.

Finally, the charitable work Rea is doing will provide further flowback both directly and indirectly to the public purse through the contributions young people will make and the social value achieved as a result of the work.



Lina was 23 when she requested support for herself from *TtTNS*. Lina wanted support to become more independent, better connected in her local area and to get a job. Before requesting support, Lina had missed most of her secondary education and a supported internship programme she had been enrolled with had come to an end. Lina was living with her Mum and Dad and undertaking a 15-week Life Skills course. She was also receiving some support from the Local Authority to help her use public transport.

Lina had eight 1:1 support sessions with her *TtTNS* supporter spread over an extended period. The sessions focussed on helping Lina think about how she could meet other people, develop her confidence and work towards getting a job. This led to Lina getting an IPES Employment Advisor who provided her with some intensive employment support. Lina also joined the *TtTNS* Peer Support Group as a way to meet new people. This went really well, and, in the summer of 2023, Lina attended an in person residential at Legoland.

*“It was good. I liked seeing the people. It was a real luxury treat in lots of ways. Unexpected and very lovely experience.”* (Lina)

As a result of the support received from *TtTNS*, Lina is a lot more confident, and she is actively pursuing the next stage of her life. She is working closely with her Supported Employment Advisor and *TtTNS* supporter to develop her C.V. and one-page profile with the aim of securing some work experience. She is also making friends both within and outside of the Peer Support Group, is no longer using her LA weekly support and has an improved relationship with her mum.

The estimated fiscal cost of Lina’s support per year, before, during and after support from *TtTNS*, is:

	Cost	To whom
Before <i>TtTNS</i> Support	£18,407.69	DWP, LA and NHS
During <i>TtTNS</i> Support	£29,444.78	DWP, LA and NHS
After <i>TtTNS</i> Support/Now	£17,738.25	DWP and NHS

These figures illustrate that, the support Lina now requires is estimated to cost the public purse **£669.44 less than before** she engaged in *TtTNS* and **£11,706.53 less than during the support received**. As with Ryan and Rea’s support, it is important to bear in mind that these savings were achieved as a result of the investment of *TtTNS* which was not funded by the public purse. To date the support provided to Lina by *TtTNS* has cost £1,660.00.

In addition to the savings made, it is possible to speculate that the support received will lead to Lina obtaining paid employment in the future which will provide both direct and indirect flow back to the public purse via taxes paid and National Insurance contributions. In addition, both within the work experience roles and paid positions Lina undertakes, the social and well-being value<sup>1</sup> will not only benefit her mental and physical health but will also reduce the likelihood of her requiring additional support and services funded through public services in the future.

## Summary

It is important to remember that reducing costs to the public purse is not the primary aim of the *Time to Talk Next Steps* programme (*TtTNS*). The purpose of the programme is to help young people with additional needs make plans for the future, feel more socially connected and confident through bespoke right's-based support. However, consideration of whether something represents value for money is of inevitable interest to those providing and commissioning programmes and where they can both improve people's lives and potentially reduce costs to the public purse it is important to highlight this.

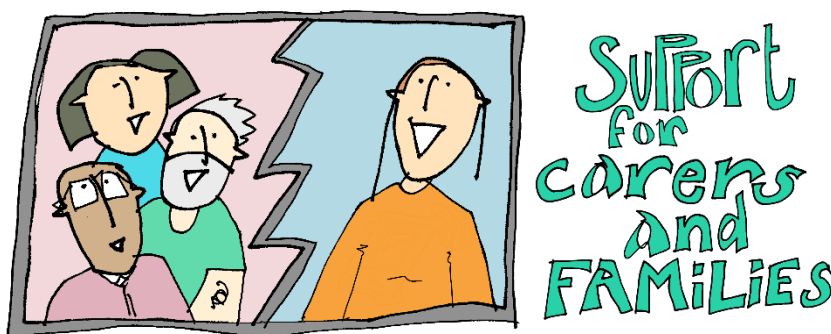
In the absence of sufficient data to conduct a full cost-benefit analysis of *TtTNS*, the costed case studies outlined here provide an illustration of the fiscal, social and well-being value of the programme. We can see from this analysis that *TtTNS* is providing bespoke support that leads to improved outcomes for young people. Which, when compared to the cost of the support some young people had in place before joining the programme, is being achieved at a much lower cost to the public purse.

Of course, as some of the case studies highlight, the support some young people require as a result of and in addition to that provided by *TtTNS* does initially increase the cost to the public purse. For example, support provided to many young people in *TtTNS* often leads to connections being made to supported employment services who can provide the pathway to employment support required over a longer period of time than *TtTNS* is able or was set up to do. In other instances, *TtTNS* simply connects young people to the support they had been entitled to for some time but had fallen through the gaps in statutory provision as a result of the COVID-19 pandemic and other circumstances. However, as the costings in this report illustrate, this short-term increase in cost to the public purse, is far outweighed by both the direct and indirect flowback generated in the longer term (Income Tax, National Insurance contributions, tax paid on goods and services, and the savings created from the social value).

## Recommendations

The three case studies in this paper represent an estimated **saving of almost £60,000 to the public purse as a result of a £9,000 investment in support from *TtTNS***. This suggests that if investments are made in the right support programmes for young people, then not only do those young people achieve better outcomes, but they are done so at a much lower cost to the public purse.

As a result of this analysis, it is recommended that a model of support similar to *TtTNS* is available more widely as an option for young people with additional needs in England. It is further recommended, that rolling this or a similar model of support out to those under the age of 16 be explored in a bid to prevent some of the circumstances that the young people in this cohort found themselves in.



## Appendix 1- Ryan



(24) Prior to receiving support from *TtTNS* Ryan had very little going on in his life. Apart from a short period of unpaid work experience with a neighbour, Ryan had been out of education, employment, and training (NEET) since the COVID-19 pandemic. In fact, Ryan wasn't going out at all unless he was with his parents. Ryan wanted a different future for himself but was anxious about making changes.

Before receiving support from *TtTNS*, the estimated fiscal cost of Ryan's support per year was:

	Cost	To whom
Mental health support	£1,584.48	NHS
NEET	£6,015.22	HMRC
<b>Total</b>	<b>£7,559.70</b>	

**NOTE:** Ryan was not in receipt of any benefits during this period.

Over a period of 12 weeks, Ryan received weekly 1:1 support sessions online. Each of these sessions lasted 30 minutes. Ryan did not have his camera on for any of the sessions, but the anxiety and overwhelm he felt during the early sessions reduced as the sessions progressed.

The support Ryan received from *TtTNS* focused on helping him develop his confidence in particular areas of his life, such as telling his parents what his needs/wants were, to go out of the house on his own and to find paid employment. Ryan's supporter worked with him to take steps towards each of these goals. This included supporting Ryan to visit his grandma on his own, to create a CV and Personal Profile, to contact the Job Centre, to join the *TtTNS* Peer Support Group, and to become a member of the *TtTNS* Training Squad.

During this time, the estimated fiscal cost of Ryan's support per year was:

	Cost	To whom
Supported Employment Support	£11,037.09*	DWP
<b>Total</b>	<b>£11.037.09*</b>	

**NOTE:** The cost of *TtTNS* was £2,180

This is an increase of £3,477.39 per year from before receiving support from *TtTNS*.

The support provided by *TtTNS* had a profound impact on Ryan's life. He is now employed part time in a local shop, is paid for his time delivering training as a member of the *TtTNS* Training Squad and is an active member of the Peer Support Group. He is also going out on his own and has travelled to a number of *TtTNS* in person events in different parts of England without his parents.

*“Overall, with my experience with TtTNS is important. It made such a difference. Without them the way my life would be a whole lot more boring, and I would just be at home most of the time. I could not see what I could do. I did not believe I could get a job. Without them I would never have known how to get the help I needed to get into a job.*

*I am more confident around people - I still have moments and panic but it is nowhere near as frustrating. I am now out in the world doing things.” (Ryan)*

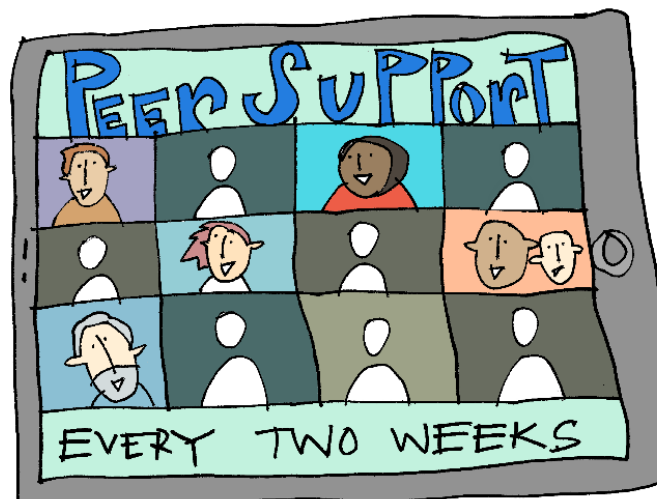
The estimated fiscal cost of Ryan’s support per year now, is:

	Cost	To whom
Universal Credit	£3,180.00	DWP
<b>Total</b>	<b>£3,180.00</b>	

**NOTE:** The cost to TtTNS is £1,670

As the table above shows, the support Ryan now requires is estimated to cost the public purse £4,379.70 less than before he engaged in TtTNS and £7,857.09 less than during the support received. These are significant savings; however, it is important to bear in mind that these were achieved as a result of the investment of TtTNS (£3,850 overall). This investment has not been included in the calculations as the programme is not publicly funded.

In addition to the savings made, Ryan is now earning an income as a result of the support received. This income is estimated to be £3600\* per year. Whilst this amount falls below the thresholds for paying Income Tax and National Insurance, thus not providing any direct flowback to the public purse, it is estimated that Ryan is now contributing to the public purse via the indirect tax he pays at a rate of £1,114.87 per year. Furthermore, the social value of Ryan’s employment (being an active member of the community, having improved mental and physical health) has the potential to reduce future costs to the public purse that could be incurred if he were out of work (such as higher benefit payments, employment support and mental health support).







(20) Before receiving support from *TtTNS*, Rea was out of school. This was the second time they had been out of school, with a previous period having lasted for three years (years 8, 9, and 10). They had managed to return for years 11 and 12, but found they were increasingly unable to access learning so were no longer able to attend.

In addition, they had experienced serious bullying which hugely affected their self-esteem and self-confidence. As a result, Rea struggled to leave the house even to go into the garden, and often did not leave their bedroom. Rea required 24/7 support at this time, with their mum having to sleep in the same room as them as being on their own made them incredibly anxious.

Before receiving support from *TtTNS*, the estimated fiscal cost of Rea's support per year was:

	Cost	To whom
NEET	£6,015.22	HMRC
Non-attendance at school	£3,577.10	LEA
Personal Assistant	£3,496.00	LA
Benefits (PIP)	£8,983.00	DWP
Mental health support (incl. Psychiatrist)	£4427.48	NHS
Mental health nurse/Psychologist	£2,385.60	NHS
In-patient stay (6 weeks)	£38,766.82*	Multiple
<b>Total</b>	<b>£67,651.22</b>	

Rea received 1:1 support online from *TtTNS* over a period of several weeks. Initially receiving this support was difficult for Rea. They were not able to look at the screen and would not talk to the support, only to their mum who then relayed the information to the supporter. After a lot of patience and reassurance, the *TtTNS* supporter managed to connect with Rea, and they began to talk about the future. Rea's focus was upon getting a job and a bank account. At this time Rea was still not leaving their room and was extremely low with periods of self-harming and feeling suicidal. As a result, the thought of being able to get a job seemed '*beyond the realms of possible*' (Rea's mum).

Yet, with the supporters help, Rea applied for and got a part-time job at a local resort for the summer season (May to end of October); they also had to open a bank account in order to be paid. This all happened very quickly, but Rea was able to work the whole season with support and time to rest on their off days. Having this job gave Rea people to talk which reduced the loneliness they had been experiencing and money of their own to spend on themselves. This allowed Rea to begin exploring their identity through their clothes and taking care of themselves.

Despite the positive impact of the job Rea had at the local resort, they identified that they were still isolated as they '*didn't know people like them*' (Rea). Rea worked with their *TtTNS* supporter to set up the *TtTNS* Peer Support Group. Rea attended the Group regularly and benefited greatly from what others shared, but they did not turn on their camera and only used the chat function initially. This gradually changed and they became an integral part of the Group. As their confidence grew, Rea also joined the *TtTNS* Training Squad; helping to develop and deliver the training on self-esteem. Rea delivered this

training to NDTI staff and to a wide variety of children and young people practitioners both online and in-person.

In addition, Rea also joined a small group of young people from *TtTNS* to work alongside the evaluation team at NDTi. This involved receiving training from the evaluation team on all aspects of evaluation as well as undertaking evaluation activities such as facilitating focus groups. Rea has also attended a number of *TtTNS* get togethers to meet their friends from the Peer Support Group and Training Squad.

Alongside all the *TtTNS* activities Rea was involved with, they also began a two-year college course in Animal Management and Science Level 3 Diploma, which they completed in the summer of 2023.

During this time, the estimated fiscal cost of Rea’s support per year was:

	Cost	To whom
Benefits (PIP daily living)	£5,291.00	DWP
Mental health support (incl. Psychiatrist).	£4,427.48	NHS
Attending college (level 3)	£1,230.80	LEA
<b>Total</b>	<b>£10,949.28</b>	

**NOTE:** The cost to *TtTNS* is £2,180. Rea also pays for a psychotherapist at an estimated cost of £2,400 a year.

This is a reduction of £56,701.94 per year from before receiving support from *TtTNS*.

As a result of Rea’s involvement with *TtTNS*, they were connected to the Prince’s Trust where they were signposted to an opportunity to apply for a grant - The Young Change Makers with Virgin Money Foundation Trust. Rea won a 6-month fellowship which provided monthly learning days, residentials and the chance to meet inspirational leaders in business and not for profit organisations. This experience completely turned Rea’s hope to provide therapeutic support for young people out of school into an achievable goal and they are now working on setting up a charity to do just this.

Rea is also working on a grant to extend the work of *TtTNS*, with the idea that young people can post interviews or blogs about disability and how it relates to other issues, as well as developing training and resources for employers which will support young people into work.

During this time, the estimated fiscal cost of Rea’s support per year is:

	Cost	To whom
Benefits (PIP daily living)	£5,291.00	DWP
Mental health support (incl. Psychiatrist).	£4,427.48	NHS
<b>Total</b>	<b>£9,718.48</b>	

**NOTE:** The cost to *TtTNS* is £1670. Rea also pays for a psychotherapist at an estimated cost of £2,400 a year.

As the table above shows, the support Rea now requires is estimated to cost the public purse £57,932.74 less than before they engaged in *TtTNS* and £1,230.80 less than during the support received. As with Ryan’s support, it is important to bear in mind that these savings were achieved as a result of the investment of *TtTNS* (£3850), and the money Rea spends privately on a psychotherapist (£4,800). These figures have not been included in the calculations as they do not come from the public purse.

Please note, the cost of the Fellowship Rea undertook has not been included in this comparison.

In addition to the savings made, Rea began earning as a result of the support received from *TtTNS*. The amount earned is estimated to have been around £5,000\* per year. Whilst this amount falls below the thresholds for paying Income Tax and National Insurance, thus not providing any direct flowback to the public purse, it is estimated that Rea is now contributing to the public purse via the indirect tax they pay at a rate of £1,486.67 per year.

Rea also undertook a level three diploma at college during their time supported by *TtTNS*. The impact of this course on Rea's earning potential for the remainder of their lifetime is estimated to be at a rate of £105,148.36 more than had they not done the course. An amount that will result in direct flowback to the public purse via Income Tax and National Insurance across their lifetime. Furthermore, as a result of the social value of Rea's educational attainment and employment during their engagement with *TtTNS* (such as improved mental and physical health, and connection to the community), it can be speculated that this will help to avoid further costs to the public purse in the future (such as higher benefit payments, employment support and mental health support).

Finally, should the charitable work Rea is planning come to fruition this will provide further flowback both directly and indirectly to the public purse through the contributions young people will make and the social value achieved as a result of the support.

*“Through TtT and TtTNS Rea developed self-confidence and self-esteem to express themselves. It helped them to work out who they are....Being in a better place and able to hear about disability rights and society's responsibility from TtTNS with a lot of encouragement and warmth has been healing for Rea.*

*“We can never thank TtTNS sufficiently for all it has given to Rea, It has completely transformed Rea's life so far beyond what we could have hoped for. It is still a bumpy journey at times, but a hopeful journey with a skilled, dynamic young person who is shaping their future.”*

(Rea's mum)

## Appendix 3 - Lina



Lina was 23 when she requested support for herself from *TtTNS* because she wanted to become more independent and better connected in her local area. In addition, Lina was keen to plan for the future and try to get a job.

Before requesting support from the programme, Lina had missed most of her secondary education and a supported internship programme she had been enrolled with had come to an end due to the employers lack of understanding of her needs. This was incredibly disappointing for Lina as she had had high hopes for the experience.

At the time of requesting support, Lina was living with her Mum and Dad and undertaking a 15-week Life Skills course. She was also receiving some support from the Local Authority to help her use public transport.

During this time, the estimated fiscal cost of Lina's support per year was:

	Cost	To whom
Benefits (PIP daily living)	£10,467.08	DWP
Support Worker	£6,188.00	LA
Psychiatric review	£1,752.61	NHS
<b>Total</b>	<b>£18,407. 69</b>	

**Note:** The cost of Lina's course has not been included as it was not funded by the public purse.

Lina had eight 1:1 support sessions with her *TtTNS* supporter. These sessions were spread over an extended period due to Lina needing a break from all support for a month. *TtTNS* was able to accommodate this break, which allowed Lina to take the time she needed to rest, undertake some gentle activities with her mum and have a holiday. *TtTNS* was also able to provider Lina with two extra support sessions (the usual allocation was six sessions) to help her work through different circumstances in her life.

Lina fully engaged with her 1:1 support sessions. The sessions focused on helping Lina think about how she could meet other people, develop her confidence and work towards getting a job. The supporter worked with Lina to discover more about her skills and interests, before exploring the local supported employment schemes and potential employers. After a few unsuccessful attempts in her local area, Lina connected with Intensive Personalised Employment Support (IPES) at a Job Fair. This led to Lina being linked with an Employment Advisor and a period of intensive support around employment.

Alongside the 1:1 support provided by *TtTNS*, Lina also joined the Peer Support Group as a way to meet new people. Lina really enjoyed being a member of the Group and only missed it if she was ill or away on holiday. In the summer of 2023, Lina was also able to join some of the Peer Support Group and other young people supported by *TtTNS* in person at Legoland.

*“It was good. I liked seeing the people.  
It was a real luxury treat in lots of ways.  
Unexpected and very lovely experience.”*

(Lina)

During this time, the estimated fiscal cost of Lina’s support per year was:

	Cost	To whom
Benefits (PIP daily living)	£10,467.08	DWP
Support Worker	£6,188.00	LA
Psychiatric review	£1,752.61	NHS
IPES Support	£11,037.09*	DWP
<b>Total</b>	<b>£29,444.78</b>	

**NOTE:** The cost to *TtTNS* is £1,190.

This is an increase of £11,037.39 from before receiving support from *TtTNS*.

As a result of the support received from *TtTNS*, Lina is a lot more confident. She now recognises that she has a lot to offer, and that people want to listen to what she has to say and take her seriously. Lina is also actively pursuing the next stage of her life and working closely with her Supported Employment Advisor to develop her C.V. She is also working with another member of the *TtTNS* delivery team to develop her one-page profile. Lina is confident that this will help her get the work experience she needs to be able to get paid work in the future. Notably, Lina is no longer utilising the support offered from the Local Authority one day a week.

Lina is also a key member of the Peer Support Group and her experiences in the group have made her keen to start meeting new people in her area. Being a member of the Group has broadened her horizons and increased her confidence in contributing to group conversations.

*TtTNS* has also altered Lina’s home life. Most notably, Lina has recently been able to sleep on her own. This is something she hasn’t been able to do before because she had a fear of the dark. Being able to go to bed on her own and sleep by herself has given Lina a new sense of independence and it *‘feels brilliant’* (Lina). Lina also still enjoys spending time with her mum, but is now able to share her thoughts, feelings and wishes in a way she wasn’t able to before.

The estimated fiscal cost of Lina’s support per year now is:

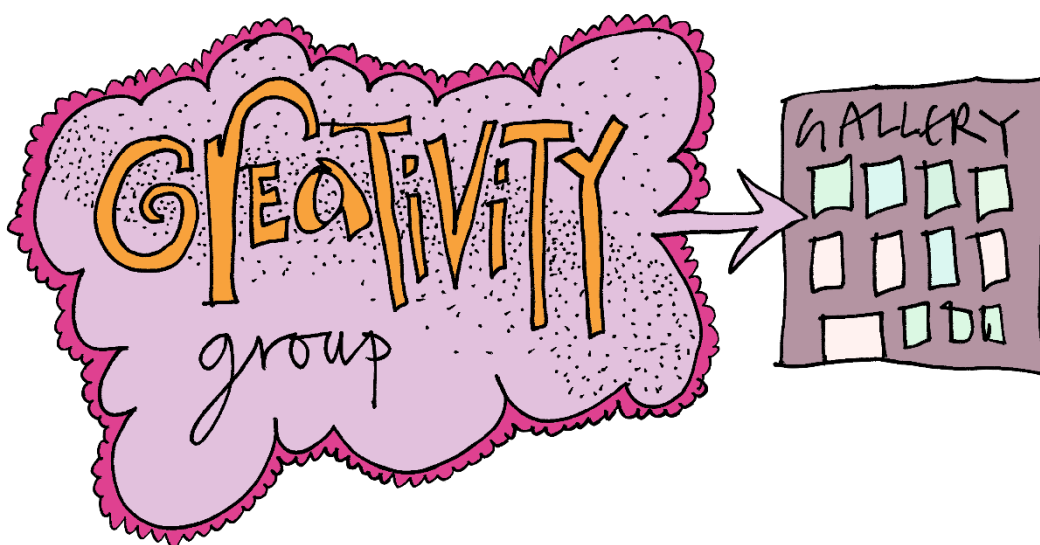
	Cost	To whom
Benefits (PIP daily living)	£10,467.08	DWP
Psychiatric review	£1,752.61	NHS
Supported Employment	£5,520.00*	DWP
<b>Total</b>	<b>£17,738.25</b>	

**NOTE:** The cost to *TtTNS* is £470.

As the table above shows, the support Lina now requires is estimated to cost the public purse £669.44 less than before they engaged in *TtTNS* and £11,706.53 less than during the support received. As with Ryan and Rea's support, it is important to bear in mind that these savings were achieved as a result of the investment of *TtTNS* (£1,660). This figure has not been included in the calculations as they do not come from the public purse.

In addition to the savings made, Lina is now being supported into employment as a result of the support received from *TtTNS*. Whilst this is likely to be voluntary work for the foreseeable future which will not provide any direct flowback to the public purse via Income Tax or National Insurance contributions, the work Lina will undertake will indirectly benefit the public purse. That is, the taxes paid by the organisations Lina will volunteer for will flowback directly to the public purse and the social and well-being value<sup>1</sup> of the volunteering she undertakes will not only benefit her mental and physical health but will also reduce the likelihood of her requiring additional support and services funded through public services in the future. At this stage in Lina's journey, it is not possible to calculate the flowback to the public purse as a result of Lina's volunteering as she is not currently in a role.

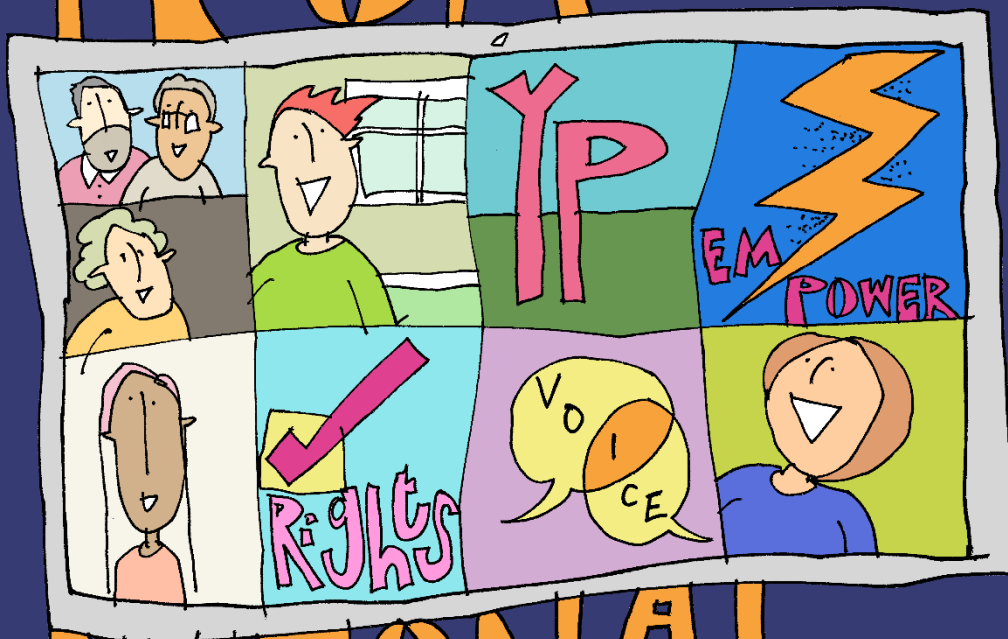
Finally, the volunteering that Lina is expected to start, is intended to be the first step on her pathway to paid employment. This will, in time, allow Lina to contribute directly to the public purse through Income Tax and National Insurance contributions, alongside the indirect contributions paid as a result of purchasing goods and services.



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