



Community Led Support  
an NDTI programme

# Community Led Support Online Spring Festival 2023

## Tuesday 16 & Wednesday 17 May

Shining a light on some of the great work happening  
across the CLS Network

### Programme: Tuesday 16 May

10.00-11.00am



#### What is Community Led Support?

Community Led Support (CLS) is based on a set of principles that determine what needs to change in order to do more of 'the right thing'. If you're new to CLS as a concept, do join us for this summary and overview of what it is, how it works in practice and the challenges and benefits of this approach.

11.30am-12.30pm



#### Community Led Support and Living Well Hubs in Shetland

Living Well Hubs in Shetland are based on strong partnerships, conversations that seek to understand what's important and support that builds connections and purpose. This session, with Rita Rendall and colleagues, will hear about the work to roll out the Living Well hubs and how they are changing the way services are delivered.

2.00-3.00pm



#### Partnership and Prevention in Action at Hartlepool's Community Hubs

Hartlepool's Community Hubs are an example of true partnership working that engages with the community, improves health and social care outcomes for individuals who need support, has benefits for staff and has delivered financial savings for the Council and the wider system. Jill Harrison and Leigh Keeble will describe the work they are doing and the impact for local people.

3.30-4.30pm



#### Community Support for People Returning Home from Hospital in Warrington

Genuine partnership is a core CLS principle. During this session we will hear from those involved how two such partnerships are working in the acute hospital setting in Warrington - Direct support on the hospital wards from both Warrington Voluntary Action with the Healthy & Home initiative, and the Council's Wellbeing Service supporting people to leave hospital with invaluable community supports.

## Programme: Wednesday 17 May

10.00-11.00am



### York Mental Health Hub

Come and be inspired by Kate Helme and Mike Walker who will be sharing the work underway at The Hub@ClarenceStreet in York. Transforming services to come up with a different model for providing integrated mental health support. They will be sharing lots of helpful reflections about the importance of meaningful co-design, partnership working, strengths-based, relational practice, and much more.

11.30am-12.30pm



### Strengths Based Social Care in Leeds

In 2014 Leeds committed to moving to a strengths-based culture, joined the CLS network in early 2015 and since then have worked to introduce and embed, deepen and broaden the approach to become 'business as usual' across all service areas including transitions. In this session, Rhona Neilson who was instrumental in shaping and developing the local changes will share her experiences, whilst Lucy Armstrong and Sian Bishop, two senior social workers within the Transitions team, will talk about how this approach is used to support young people who are transitioning between children's and adults services and how it interlinks with the Preparing for Adulthood agenda.

2.00-3.00pm



### Community Lounges, Innovation teams and Physical Health in Stoke on Trent

As Community Lounges are being rolled out across Stoke on Trent the strong 'innovation teams' of local partners are broadening their scope to include more healthcare professionals including community nursing and Discharge to Assess (D2A) teams. Gill O'Hare and Lucy Marquis will describe the work happening and the benefits both to local people and practitioners

3.30-4.30pm



### Strengths Based Practice being locally driven in South Lanarkshire

The NDTi Cascade course is an opportunity for staff working in CLS sites to become confident and knowledgeable in delivering the four core CLS workshops locally. South Lanarkshire invested in the Cascade course in 2022; staff from South Lanarkshire Health and Social Care Partnership (SLHSCP) talk openly about their experiences becoming Cascaders and how it is going so far.

To register for any of the sessions above, please complete the booking form here: <https://forms.office.com/e/thX1skZjTD>

For more information regarding NDTi, click this link: [Home page - NDTi](#)

For more information regarding CLS, click this link: [Community Led Support - NDTi](#)