





This newsletter is about **200 Lives**.

200 Lives is a research project about housing for people with learning disabilities.



This means we talked to people with learning disabilities about where they live and what they think about it.

How is 200 Lives going so far?



We have spoken to 70 people from 10 different support providers. Most people so far have lived in supported living.



We have been speaking to most people online and by telephone due to coronavirus.



We have visited some people at home. We have been taking coronavirus precautions when we do this.

Quality of Life Reviews



Changing Our Lives have been doing Quality of Life reviews with some people who have taken part.



They are speaking to people to find out what helps them to have a good life.



So far, they found that people in supported living with **more** support have more varied and busy lives than people with **less** support.



What have we found out so far?



Who do people live with?



We have spoken to people who live in flats, houses and bungalows.



1 in 3 people live by themselves.



1 in 6 people live with their partner.



1 in 3 people live with a few other people.



1 in 3 people live with more than 5 people.



Work and volunteering

1 in 4 people that we have spoken to have jobs.



Before coronavirus, 6 out of 10 people had a paid or voluntary job.



1 in 3 people had to stop their paid or voluntary job because of coronavirus.



The final report



We will finish this project in January 2022. After that, we will share what we found out.



We will write an easy-read report and make a video.



Can you give us some feedback on what you would like to see in the final report?

Please <u>click here</u> to fill out a 5-minute survey.



We are looking for more residential care providers to take part.



If you or someone you know is interested, please contact us by emailing research@ndti.org.uk



We are happy to attend house meetings or staff meetings to tell people more about the project.



If you don't want to get the newsletter anymore, you can tell us by clicking 'unsubscribe' below.



Thanks for reading!

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