

# 200 Lives



This newsletter is about **200 Lives**.

200 Lives is a research project about housing for people with learning disabilities.

## What are you trying to find out?



We want to find out what people's lives are like in **supported living** and **residential care**.



We want to find out more about the cost of the different types of housing.



To do this, we are going to speak to up to 200 people with learning disabilities.



We will also ask support staff and family members some questions.

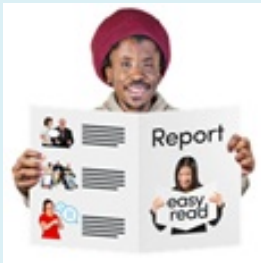


Changing Our Lives will be doing Quality of Life reviews. People with learning disabilities are part of the review team.

## What will you do with what you find out?



At the end of the research, we will tell people who make decisions about services, what we found out.



We will also tell people with learning disabilities and their families what we find out.

We will make a video and an easy-read report.



We hope that this will help people with learning disabilities and their families to make choices about housing.

## How is 200 Lives going so far?



So far we have spoken to 40 people from 6 different providers. Most people so far have lived in supported living.



We have been speaking to people online and by telephone due to COVID-19.



This is good because we can talk to people in more places.

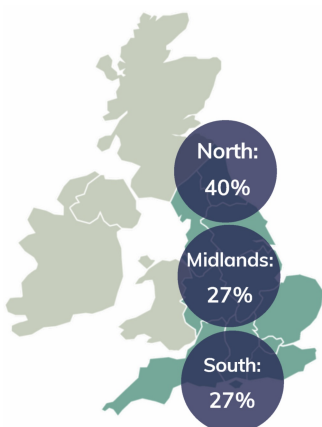


But sometimes it can be harder to communicate over video or phone.



We asked people questions about their home, money, relationships, health and how they spend their time.

## Fun Facts



We have been speaking to people across the whole of England.

**40%** live in the North,  
**27%** in the Midlands and  
**33%** in the South.



**Half** of the people we have spoken to are in a relationship.

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**42%** of people we have spoken to have a pet.

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We are looking for more residential care and supported living providers to take part.

If you or someone you know is interested, please contact us by emailing

[research@ndti.org.uk](mailto:research@ndti.org.uk)

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We are happy to attend house meetings or staff meetings to tell people more about the project.

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We will send you another update about the project in September.

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**Thanks for reading!**



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