Care and Treatment Reviews

**Chair’s Training Resources**

Background and overview

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| **Name of Resource** | **Source Location** | **Detail** |
| Panorama - Winterbourne View The Abuse  Exposed | [https://www.youtube.com/](https://www.youtube.com/watch?v=IOlojIcEE4s) [watch?v=IOlojIcEE4s](https://www.youtube.com/watch?v=IOlojIcEE4s) | The Panorama expose that uncovered abuse at Winterbourne View. This triggered the Transforming Care Programme. |
| Building the Right Supports | [https://www.england.nhs.u](https://www.england.nhs.uk/learning-disabilities/natplan/) [k/learning-](https://www.england.nhs.uk/learning-disabilities/natplan/) [disabilities/natplan/](https://www.england.nhs.uk/learning-disabilities/natplan/) | The national plan – Building the right support – gives commissioners a clear framework to develop more community services for people with learning disabilities and/ or autism who display behaviour that challenges, including those with a mental health condition, and close some inpatient facilities. |
| Building the Right Support Evaluation | [https://www.strategyunitw](https://www.strategyunitwm.nhs.uk/publications/building-right-support)  [m.nhs.uk/publications/build ing-right-support](https://www.strategyunitwm.nhs.uk/publications/building-right-support) | What’s working and what’s not working – the BRS strategy. |
| So what next? | [https://www.ndti.org.uk/up](https://www.ndti.org.uk/uploads/docs/FileOn4-20181002-TransformingCareIsItWorking_%281%29.mp3) [loads/docs/FileOn4-](https://www.ndti.org.uk/uploads/docs/FileOn4-20181002-TransformingCareIsItWorking_%281%29.mp3) [20181002-](https://www.ndti.org.uk/uploads/docs/FileOn4-20181002-TransformingCareIsItWorking_%281%29.mp3)  [TransformingCareIsItWorki](https://www.ndti.org.uk/uploads/docs/FileOn4-20181002-TransformingCareIsItWorking_%281%29.mp3)  [ng\_%281%29.mp3](https://www.ndti.org.uk/uploads/docs/FileOn4-20181002-TransformingCareIsItWorking_%281%29.mp3) |  |
| BBC Radio 4 – Transforming Care  – Is it working? | [https://www.bbc.co.uk/pro](https://www.bbc.co.uk/programmes/m0000mkd) [grammes/m0000mkd](https://www.bbc.co.uk/programmes/m0000mkd) | Radio 4’s File on 4 about Transforming Care and the use of restraints in hospitals. |
| Human Rights Committee Links | [https://parliamentlive.tv/ev](https://url6.mailanyone.net/v1/?m=1hJDA1-000Fo1-4V&amp;i=57e1b682&amp;c=BmBEIMkqEzgnY4Uv5JZCgt6aycTbLCQKDnbTNadQdx6B3fkqnlc_QVj8ZLf_Jeu8IjwIMmdjcDk1RAuo2WvesUH0GEIxCZ6wJFwD1yeDRivfJp_ZiqYWAxrNF3JK0NEsYF__vtA8J9ZaW06QRHO3-iaUzGu_toDP-BJLFXz5GMSXEth7Ayf45XjojlDFaz8kk6-3RAsK5XnIa8idT57m_rIteC6Lhg7sXAGUSuE2dx5oyP_qIVyJac48NaDVOrqcVEIj8TaMPcyEwxJZR5YBCuVBpS-7MIuq6U79lJye5TY)  [ent/index/32cb725e-20b6-](https://url6.mailanyone.net/v1/?m=1hJDA1-000Fo1-4V&amp;i=57e1b682&amp;c=BmBEIMkqEzgnY4Uv5JZCgt6aycTbLCQKDnbTNadQdx6B3fkqnlc_QVj8ZLf_Jeu8IjwIMmdjcDk1RAuo2WvesUH0GEIxCZ6wJFwD1yeDRivfJp_ZiqYWAxrNF3JK0NEsYF__vtA8J9ZaW06QRHO3-iaUzGu_toDP-BJLFXz5GMSXEth7Ayf45XjojlDFaz8kk6-3RAsK5XnIa8idT57m_rIteC6Lhg7sXAGUSuE2dx5oyP_qIVyJac48NaDVOrqcVEIj8TaMPcyEwxJZR5YBCuVBpS-7MIuq6U79lJye5TY) [436e-a8f4-6ea88fae6816](https://url6.mailanyone.net/v1/?m=1hJDA1-000Fo1-4V&amp;i=57e1b682&amp;c=BmBEIMkqEzgnY4Uv5JZCgt6aycTbLCQKDnbTNadQdx6B3fkqnlc_QVj8ZLf_Jeu8IjwIMmdjcDk1RAuo2WvesUH0GEIxCZ6wJFwD1yeDRivfJp_ZiqYWAxrNF3JK0NEsYF__vtA8J9ZaW06QRHO3-iaUzGu_toDP-BJLFXz5GMSXEth7Ayf45XjojlDFaz8kk6-3RAsK5XnIa8idT57m_rIteC6Lhg7sXAGUSuE2dx5oyP_qIVyJac48NaDVOrqcVEIj8TaMPcyEwxJZR5YBCuVBpS-7MIuq6U79lJye5TY) | The human rights committee discussion on transforming care – from Parliament Live TV. |
| BIHR Blog – People are not inherently vulnerable the situations they are place in makes them vulnerable | <https://www.ndti.org.uk/blog/people-are-not-inherently-vulnerable-the-situations-they-are-placed-in-make> | The Human Rights Act provides a legal framework to challenge practices that breach human rights and to hold people accountable for delivering the changes needed to ensure that these legal rights are upheld. |

Children and young people

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| CTR and EHCP Presentation | [https://www.youtube.com/](https://www.youtube.com/watch?v=IkqeSMkuZBk) [watch?v=IkqeSMkuZBk](https://www.youtube.com/watch?v=IkqeSMkuZBk) | A webinar about Education Health  and Care Plans (EHCPs) by the South East regional lead Cindy Gordillo. |
| Template CETR action plan | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/TEMPLATE_CETR_Action_Plan_letter_HAMPSHIRE.docx) [oads/docs/TEMPLATE\_CETR\_Action\_Plan\_letter\_HAMPS](https://www.ndti.org.uk/uploads/docs/TEMPLATE_CETR_Action_Plan_letter_HAMPSHIRE.docx) [HIRE.docx](https://www.ndti.org.uk/uploads/docs/TEMPLATE_CETR_Action_Plan_letter_HAMPSHIRE.docx) | Template letter to the young person about what was discussed and agreed in their CETR – a good practice example from Hampshire. |
| Preparing for  Adulthood | <https://www.preparingforadulthood.org.uk/> | Information for people, families and services. |

Preparing for a C(E)TR and the role of the Chair

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| Top tips for chairs  – from experts by experience | [https://www.ndti.org.uk/u](https://www.ndti.org.uk/uploads/docs/Top_tips_for_chairs_-_FINAL.ppt) [ploads/docs/Top\_tips\_for](https://www.ndti.org.uk/uploads/docs/Top_tips_for_chairs_-_FINAL.ppt)  [\_chairs\_-\_FINAL.ppt](https://www.ndti.org.uk/uploads/docs/Top_tips_for_chairs_-_FINAL.ppt) | Tips for chairs from experts by experience working across the South region. |
| Accessible Panels | [https://www.ndti.org.uk/u](https://www.ndti.org.uk/uploads/docs/Accessible_Panels.docx) [ploads/docs/Accessible\_P](https://www.ndti.org.uk/uploads/docs/Accessible_Panels.docx) [anels.docx](https://www.ndti.org.uk/uploads/docs/Accessible_Panels.docx) | Tips for considering accessibility from two of our autistic experts. Hint – this can be really helpful for thinking about sensory needs and  access for everyone. |
| Autistic People and CTR Panels Presentation | <https://www.youtube.com/watch?v=b5W06Gd_4Ds> | This presentation from two of NDTi’s autistic experts gives a basic introduction to autism. In-depth autism training is recommended for all panel members. |
| NHS Resources Order Form | <https://www.ndti.org.uk/uploads/files/C%28E%29TR_Resources_Order_Form_2_November_2018.pdf> | This form enables resources for individuals, families, providers and panel members to be downloaded or ordered in print from the NHS. |
| Chairs Checklist Before Review | <https://www.ndti.org.uk/uploads/files/K_Forrest_C%28E%29TR_Chairs_Checklist_-_prior_to_review.pdf> | The role of the chair – what you need to in advance of the C(E)TR. |
| Chairs Checklist During Review | <https://www.ndti.org.uk/uploads/files/K_Forrest_C%28E%29TR_Chairs_Checklist_-_during_review.pdf> | The role of the chair – what you need to do on the day of the C(E)TR. |
| Chairs Checklist Information to gather during a C(E)TR | <https://www.ndti.org.uk/uploads/docs/K_Forrest_C%28E%29TR_Chairs_Checklist_-_information_to_gather.pdf> | The role of the chair – what information you need to gather during the C(E)TR. |
| What makes a good Chair? | [https://inclusioneast.co.uk](https://inclusioneast.co.uk/wp-content/uploads/2019/04/What-makes-a-good...Chair_.pdf)  [/wp-](https://inclusioneast.co.uk/wp-content/uploads/2019/04/What-makes-a-good...Chair_.pdf) [content/uploads/2019/04](https://inclusioneast.co.uk/wp-content/uploads/2019/04/What-makes-a-good...Chair_.pdf)  [/What-makes-a-](https://inclusioneast.co.uk/wp-content/uploads/2019/04/What-makes-a-good...Chair_.pdf)  [good...Chair\_.pdf](https://inclusioneast.co.uk/wp-content/uploads/2019/04/What-makes-a-good...Chair_.pdf) | Inclusion East document on the role of the chair. The ‘gold standard’ document. |
| Role of Independent Chair | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/Role_of_Independent_Chair.docx) [oads/docs/Role\_of\_Indepen](https://www.ndti.org.uk/uploads/docs/Role_of_Independent_Chair.docx) [dent\_Chair.docx](https://www.ndti.org.uk/uploads/docs/Role_of_Independent_Chair.docx) |  |
| C(E)TR Review Template (KLOE) | <https://www.ndti.org.uk/uploads/docs/C%28E%29TR_Review_Template.xlsm> | A worked example of the C(E)TR Review Template (KLOE). |
| C(E)TR Review Template  (KLOE) Quality Assurance Exercise | <https://www.ndti.org.uk/uploads/files/C%28E%29TR_Review_Template_Quality_Assurance_Exercise.pdf> | This document illustrates how the PERSONAL principles are reflected in the worked example C(E)TR Review Template (KLOE) above. |

**Resources to share with family members**

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| Meeting the Challenge – my family member has been sent to an inpatient unit – what do I need to  know | [https://www.challengingbeh](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) [aviour.org.uk/learning-](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) [disability-files/4-My-family-](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) [member-has-been-sent-to-](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) [an-inpatient-unit---what-do-](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) [I-need-to-know.pdf](https://www.challengingbehaviour.org.uk/learning-disability-files/4-My-family-member-has-been-sent-to-an-inpatient-unit---what-do-I-need-to-know.pdf) | A challenging behaviour foundation document for families. |
| Care and Treatment Reviews  – A Family Survival  Guide | [https://bringingustogethe](https://bringingustogether.org.uk/a-family-survival-guide-care-and-treatment-reviews-ctrs/) [r.org.uk/a-family-survival-](https://bringingustogether.org.uk/a-family-survival-guide-care-and-treatment-reviews-ctrs/) [guide-care-and-treatment-](https://bringingustogether.org.uk/a-family-survival-guide-care-and-treatment-reviews-ctrs/)  [reviews-ctrs/](https://bringingustogether.org.uk/a-family-survival-guide-care-and-treatment-reviews-ctrs/) | A survival guide for families, written by families. |

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| Keeping in touch with home | [https://pavingtheway.works/whats-new/keeping-touch-](https://pavingtheway.works/whats-new/keeping-touch-home/) [home/](https://pavingtheway.works/whats-new/keeping-touch-home/) | A Challenging Behaviour Foundation and Mencap report. Sharing learning from families, national practice and  legal guidelines. |
| Meeting the challenge – FAQ  about the law | [https://www.challengingbeh](https://www.challengingbehaviour.org.uk/learning-disability-files/Legal-FAQ.pdf) [aviour.org.uk/learning-](https://www.challengingbehaviour.org.uk/learning-disability-files/Legal-FAQ.pdf) [disability-files/Legal-FAQ.pdf](https://www.challengingbehaviour.org.uk/learning-disability-files/Legal-FAQ.pdf) | A CBF document to support people to understand their rights. |
| Learning Disability, Autism and Human Rights | <https://www.bihr.org.uk/learning-disability-autism-and-human-rights> | An accessible booklet providing information for people living with learning disabilities and / or autism and their families, carers, or support workers about their human rights. |

Other useful resources

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| Discharge Pack | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/Discharge-Toolkit.pdf) [oads/docs/Discharge-](https://www.ndti.org.uk/uploads/docs/Discharge-Toolkit.pdf)  [Toolkit.pdf](https://www.ndti.org.uk/uploads/docs/Discharge-Toolkit.pdf) |  |
| Moving out of ATUs (Dimensions) | [https://www.ndti.org.uk/u](https://www.ndti.org.uk/uploads/docs/Moving-out-of-ATUs-guide-Dec-18.pdf) [ploads/docs/Moving-out-](https://www.ndti.org.uk/uploads/docs/Moving-out-of-ATUs-guide-Dec-18.pdf) [of-ATUs-guide-Dec-18.pdf](https://www.ndti.org.uk/uploads/docs/Moving-out-of-ATUs-guide-Dec-18.pdf) |  |
| My home my money | [https://www.ndti.org.uk/u](https://www.ndti.org.uk/uploads/docs/RESOURCE_My_Home_My_Money.pdf) [ploads/docs/RESOURCE\_](https://www.ndti.org.uk/uploads/docs/RESOURCE_My_Home_My_Money.pdf) [My\_Home\_My\_Money.pdf](https://www.ndti.org.uk/uploads/docs/RESOURCE_My_Home_My_Money.pdf) |  |
| Section 117 | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/Section__117_Aftercare__Factsheet.pdf) [oads/docs/Section 117\_Aft](https://www.ndti.org.uk/uploads/docs/Section__117_Aftercare__Factsheet.pdf) [ercare Factsheet.pdf](https://www.ndti.org.uk/uploads/docs/Section__117_Aftercare__Factsheet.pdf) |  |
| Behaviour that Challenges (sexual offences) | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/Behaviour_that_challenges.pdf) [oads/docs/Behaviour\_that\_c](https://www.ndti.org.uk/uploads/docs/Behaviour_that_challenges.pdf) [hallenges.pdf](https://www.ndti.org.uk/uploads/docs/Behaviour_that_challenges.pdf) |  |
| Pathological Demand Avoidance | [https://www.ndti.org.uk/our](https://www.ndti.org.uk/our-work/our-projects/peoples-health/pda/)  [-work/our-projects/peoples-](https://www.ndti.org.uk/our-work/our-projects/peoples-health/pda/) [health/pda/](https://www.ndti.org.uk/our-work/our-projects/peoples-health/pda/) | An introduction to Pathological Demand Avoidance. |
| Chris Hatton Blog | [https://chrishatton.blogspot.](https://chrishatton.blogspot.com/) [com/](https://chrishatton.blogspot.com/) | Chris is an academic at the Centre for Disability Research, Lancaster University, UK. His research work over the past 30 years has mainly focused on people with intellectual/learning disabilities, particularly around documenting the inequalities experienced by people with intellectual disabilities and their families and evaluating policies and practices designed to reduce these  inequalities. |
| Rightful Lives | <http://rightfullives.net/> | An online exhibition that explores the theme of human rights and people with autism and/or learning  disabilities. |
| Expert by experience hub standards | [https://www.ndti.org.uk/upl](https://www.ndti.org.uk/uploads/docs/FINAL_NHS_England_CTR_Hubs_Standards_MW_%281%29.docx) [oads/docs/FINAL\_NHS\_Engla](https://www.ndti.org.uk/uploads/docs/FINAL_NHS_England_CTR_Hubs_Standards_MW_%281%29.docx) [nd\_CTR\_Hubs\_Standards\_M](https://www.ndti.org.uk/uploads/docs/FINAL_NHS_England_CTR_Hubs_Standards_MW_%281%29.docx) [W\_%281%29.docx](https://www.ndti.org.uk/uploads/docs/FINAL_NHS_England_CTR_Hubs_Standards_MW_%281%29.docx) | Hub standards from NHSE. |

NHS England documents and core reading

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| NHS England website with all key documents (landing page and individual links) | [https://www.england.nhs.uk/learning-](https://www.england.nhs.uk/learning-disabilities/care/ctr/) [disabilities/care/ctr/](https://www.england.nhs.uk/learning-disabilities/care/ctr/) | CETR code and toolkit CTR and CETR policy  Key Lines of Enquiry - KLOEs Information for providers About your CTR and CETR  [Children and young people](https://www.england.nhs.uk/learning-disabilities/care/children-young-people/) |